

Stairway: Step by step

Stairs take you to the top from the bottom, or lower you back to the roots. It takes effort and time to climb up, easier and shorter downhill. We don't usually remember to stop and sit on stairs; to rest, give a break, meditate, assess. We are always busy climbing up or down; ascending or descending the dictated steps, naively presuming aims originally determined by others who govern us are our own aspirations... Up and down, up and down, up and down, up, up, up, up and FALL!!!

The lesson I learned while having used various stairs is; WE must decide upon the length and the stepping direction of the stairs we will climb, while we try to reach the place we desire to arrive at with our own free will. I want to proceed step by step, digesting each tread; your heights and elevators are all yours!!!



















